

The 14TH Annual
UPSTATE OPEN
 KARATE
 CHAMPIONSHIPS

CANADIAN MONEY AT PAR



April 20th & 21st 2007

Total Sports Experience

880 Elmgrove Road, Rochester, NY 14624

INTERNATIONAL FEDERATION OF MARTIAL ARTS

Everage World Championship Karate, Inc.
 Located Inside Total Sports Experience
 Rochester, NY 14624

Ifmaratings.com

Call For Hotel Information Phone: (585) 298-1063

**14th Annual Upstate Open Championships
Friday & Saturday, April 20th & 21st – 2007**

Location: Total Sports Experience

880 Elmgrove Road
Rochester, NY 14624 – (585)

Hotel: Diplomat America's Best Value Inn

1 Diplomat Way (Corner Lyell Ave & Lee Road)
Rochester, NY 14606 (595) 254-1000

Promoter: Richard Everage, Sr. – (585) 298-1063

Sanctions: IFMA 'AAAAA' Rated

Schedule: Friday - 7:00 PM Continuous Sparring – Breaking All Belts – Self-Defense Black Belt

Saturday - 8:00 AM Registration

9:00 AM Judges Rules Meeting

9:30 AM Tournament " WE WILL START ON TIME"

➤ Self-Defense Divisions – Kyu Belts

➤ Weapons – All Belts

➤ Kyu Belt Forms, Traditional, Followed by Open Forms

➤ Kyu Belt Sparring — Kyu Belt Grands

➤ Black Belt Divisions

Rules: IFMA Only – Tournament Rules will be covered in Black Belt Meeting

➤ You must compete for the entire season at the age you were on January 1, 2007

➤ Traditional Forms – Must be performed in proper uniform wearing top and pants
Competitors must follow uniform codes of the style that the competitor is representing

Safety: All Equipment must be foam dipped or vinyl safety equipment for hands, feet, and head.

Equipment: Mouth piece must be worn. Groin Cup for males is MANDATORY!!!!

Equipment must be in good condition at the discretions of the Head Arbitrator.

IF ANY OF THE ABOVE EQUIPMENT IS MISSING, YOU WILL BE GIVEN

(2) MINUTES TO OBTAIN IT BEFORE YOU WILL BE DISQUALIFIED!

Tournament Directions

From West: Exit from NYS Thruway I90 onto Exit 47 (Leroy Exit). Take 490 East to Exit 7 (Rt. 33 West-Buffalo Road) to Elmgrove Road (Rt. 386). Turn Right onto Elmgrove Road. Total Sports Experience is on the Right – 880 Elmgrove Road.

From East: Exit from NYS Thruway I90 onto Exit 45 and take (490 West). Go 490 West to Spencerport (Exit 531). Exit at Elmgrove Road (Rt. 386) and turn Left onto Elmgrove Road to Total Sports Experience is on the Left – 880 Elmgrove Road.

From South: Take 390 North to 490 West (Buffalo Road Exit). Take (490 West) to Spencerport (Exit 531). Exit at Elmgrove Road (Rt. 386) and turn Left onto Elmgrove Road to Total Sports Experience on the Left – 880 Elmgrove Road.

Hotel: From 390 North, Get off at (Lyell avenue-Exit 21) make a Right. Go thru next light and Hotel is on the Left just before the Hess Gas Station.

From 490 North, get off at (Lexington Road Exit 22) and turn Right. At next light Lee Road Intersection to the end of the road. Turn Left onto Lyell Avenue. Hotel is on the Left just before the Hess Gas Station.

IFMA Black Belt Divisions			
Black Belt Self-Defense			
BSD1	Black Belt Self-Defense 17 & Under	M / F	
BSD2	Black Belt Self-Defense 18+	M / F	
Black Belt Weapons			
BWT1	Black Belt Traditional Weapons 12 & Under	M / F	
BWT2	Black Belt Traditional Weapons 13-14	M / F	
BWT3	Black Belt Traditional Weapons 15-17	M / F	
BWT4	Black Belt Traditional Weapons 18+	M / F	
BWC1	Black Belt Creative Weapons 12 & Under	M / F	
BWC2	Black Belt Creative Weapons 13-14	M / F	
BWC3	Black Belt Creative Weapons 15-17	M / F	
BWC4	Black Belt Creative Weapons 18+	M / F	
Black Belt Open / Musical Forms			
BFC1	Black Belt Open 12 & Under	M / F	
BFC2	Black Belt Open 13-14	M / F	
BFC3	Black Belt Open 15-17	M / F	
BFC4	Black Belt Open 18+	M / F	
Black Belt Breaking			
BBR1	Black Belt Breaking 17 & Under	M / F	
BBR2	Black Belt Breaking 18+	M / F	
Black Belt Traditional Forms			
BFT1	Black Belt Korean 12 & Under	M / F	
BFT2	Black Belt Korean 13-14	M / F	
BFT3	Black Belt Korean 15-17	M / F	
BFT4	Black Belt Korean 18+	M / F	
BFT5	Black Belt Jap/Okin 12 & Under	M / F	
BFT6	Black Belt Jap/Okin 13-14	M / F	
BFT7	Black Belt Jap/Okin 15-17	M / F	
BFT8	Black Belt Jap/Okin 18+	M / F	
BFT9	Black Belt Soft/Kempo/Poly 17 & Under	M / F	
BFT10	Black Belt Soft/Kempo/Poly 18+	M / F	
BFT11	Black Belt Hard/Traditional 35+	M / F	
BFT12	Black Belt Ladies 18+	F	
Black Belt Sparring			
BS1	Black Belt Sparring 12 & Under	M / F	
BS2	Black Belt Sparring 13-14	M	
BS3	Black Belt Sparring 15-17	M	
BS4	Black Belt Sparring 13-17	F	
BS5	Black Belt Sparring 18-34 Light Weight -175	M	
BS6	Black Belt Sparring 18-34 Heavy Weight 175+	M	
BS7	Black Belt Sparring Ladies 18 & Above	F	
BS8	Black Belt Sparring 35+	M	
IFMA Kyu Belt Divisions			
Kyu Belt Musical Forms			
UFM1	Kyu Musical 17 & Under	M / F	
Kyu Belt Open Forms			
UFC1	Kyu Open 6 & Under All Belts	M / F	
UFC2	Kyu Open 7-8 Novice	M / F	
UFC3	Kyu Open 7-8 Intermediate	M / F	
UFC4	Kyu Open 7-8 Advanced	M / F	
UFC5	Kyu Open 9-10 Novice	M / F	
UFC6	Kyu Open 9-10 Intermediate	M / F	
UFC7	Kyu Open 9-10 Advanced	M / F	
UFC8	Kyu Open 11-12 Novice	M / F	
UFC9	Kyu Open 11-12 Intermediate	M / F	
UFC10	Kyu Open 11-12 Advanced	M / F	
UFC11	Kyu Open 13-14 Novice	M / F	
UFC12	Kyu Open 13-14 Intermediate/Advanced	M / F	
UFC13	Kyu Open 15-17 Novice	M / F	
UFC14	Kyu Open 15-17 Intermed/Adv	M / F	
UFC15	Kyu Open 18-34 Novice	M / F	
UFC16	Kyu Open 18-34 Intermed/Adv	M / F	
UFC17	Kyu Open 35+ All Belts	M / F	
Kyu Belt Traditional Forms			
UFT1	Kyu Korean 8 & Under Novice	M / F	
UFT2	Kyu Korean 8 & Under Intermed/Adv	M / F	
UFT3	Kyu Korean 9-12 Novice	M / F	
UFT4	Kyu Korean 9-12 Intermed/Adv	M / F	
UFT5	Kyu Korean 13-17 Novice	M / F	
UFT6	Kyu Korean 13-17 Intermed/Adv	M / F	
UFT7	Kyu Korean 18-34 All Belts	M / F	
UFT8	Kyu Korean 35+ All Belts	M / F	
UFT9	Kyu Jap/Okin 8 & Under Novice	M / F	
UFT10	Kyu Jap/Okin 8 & Under Intermed/Adv	M / F	
UFT11	Kyu Jap/Okin 9-12 Novice	M / F	
UFT12	Kyu Jap/Okin 9-12 Intermed/Adv	M / F	
UFT13	Kyu Jap/Okin 13-17 Novice	M / F	
UFT14	Kyu Jap/Okin 13-17 Intermed/Adv	M / F	
UFT15	Kyu Jap/Okin 18-34 All Belts	M / F	
UFT16	Kyu Jap/Okin 35+ All Belts	M / F	
Kyu Belt Self-Defense			
USD1	Kyu Self-Defense 12 & Under	M / F	
USD2	Kyu Self-Defense 13-17	M / F	
USD3	Kyu Self-Defense 18+	M / F	
Kyu Belt Weapons			
UW1	Kyu Weapons 8 & Under	M / F	
UW2	Kyu Weapons 9-12	M / F	
UW3	Kyu Weapons 13-17	M / F	
UW4	Kyu Weapons 18+	M / F	
Kyu Belt Breaking			
UBR1	Kyu Breaking 17 & Under	M / F	
UBR2	Kyu Breaking 18+	M / F	
Kyu Belt Sparring			
US1	Kyu Sparring 6 & Under All Belts	M / F	
US2	Kyu Sparring 7-8 Novice	M / F	
US3	Kyu Sparring 7-8 Intermediate	M / F	
US4	Kyu Sparring 7-8 Advanced	M / F	
US5	Kyu Sparring 9-10 Novice	M / F	
US6	Kyu Sparring 9-10 Intermediate	M / F	
US7	Kyu Sparring 9-10 Advanced	M / F	
US8	Kyu Sparring 11-12 Novice	M / F	
US9	Kyu Sparring 11-12 Intermediate	M / F	
US10	Kyu Sparring 11-12 Advanced	M / F	
US11	Kyu Sparring 13-14 Boys Novice	M	
US12	Kyu Sparring 13-14 Boys Intermed/Adv	M	
US13	Kyu Sparring 13-14 Girls All Belts	F	
US14	Kyu Sparring 15-17 Boys Novice	M	
US15	Kyu Sparring 15-17 Boys Intermed/Adv	M	
US16	Kyu Sparring 15-17 Girls All Belts	F	
US17	Kyu Sparring 18-34 Male Novice	M	
US18	Kyu Sparring 18-34 Male Intermed/Adv	M	
US19	Kyu Sparring 18-34 Female All Belts	F	
US20	Kyu Sparring 35+ Male All Belts	M	
US21	Kyu Sparring 35+ Female All Belts	F	

****SEE CONTINUOUS SPARRING PAGE FOR DIVISIONS****

2007 CONTINUOUS SPARRING DIVISIONS

Friday, April 21, 2007

All Matches Will Begin At 7:00 PM – Please Be On Time

Continuous Sparring entry is controlled by age and weight class and is open to all Belt Ranks. Awards will be given for 1st – 4th place.

(NBL Divisions Only)IFMA Divisions

N-9091/92	17-	Fly 77- (35)	(IFMA Division CS1/2)	Male/Female
N-93/94	17-	Light 99 - (45-)	(IFMA Division CS3/4)	Male/Female
N-95	17-	Middle 121- (55-)	(IFMA Division CS5)	Male
N-96/97/98	17-	Heavy 121+ (55+)	(IFMA Division CS6/7/8)	Male
N-99/100	17-	Feather 99+ (45+)	(IFMA Division CS9/10)	Female
N-101/102	18+	Light 151.8- (69-)	(IFMA Division CS11/12)	Male
N-103/104	18+	Middle (173.8- (79-)	(IFMA Division CS12/13/14)	Male
N-105/106	18+	Heavy 200.2- (91-)	(IFMA Division CS14/15/16)	Male
N-107	18+	Super Heavy 200.2+ (91+)	(IFMA Division CS17)	Male
N-108/109	18+	All Weights	(IFMA Division CS18/19)	Female

Continuous Sparring Rules

Competitors must weigh in and card must be stamped.

Competitors are required to wear thumbless gloves.

Belts are not required.

All matches: (90 seconds) - Three 30 second Rounds, with a 15 second break.

In the event of a draw, competitors will fight by Point Sparring match.

Light to moderate contact.

Scoring to be done on a Ten Point must system. Winner receives, 10 pts, Loser 9 pts or less.

Superiority in scoring must be given to those competitors who score with kicking techniques which are more difficult and have a higher point value than hand techniques.

Scoring same as Black Belt: 1, 2, 3, point techniques.

Warnings are used in Continuous. Penalties result in a .5 deduction, 3 such penalties within that 30 seconds equals disqualification in that match.

All other rules will be covered the day of event.

Any Questions, Please Call:

Shihan, Richard Everage, Everage World Championship Karate, Inc. - (585) 298-1063

Rever72806@aol.com

Dear Martial Artists & Friends:

Welcome to the 14th year of the Upstate Open Karate Championships. I am looking forward to seeing you again this year. Thank you parents for your dedication, time, and support that directs children in the right direction that makes them respectful and successful Martial Artists. I wish you great success as you compete at the Upstate Open.

Shihan Richard Everage & Staff

**The 14th ANNUAL UPSTATE OPEN
Friday & Saturday, April 20th & 21th – 2007
REGISTRATION FORM**

Name _____ Birth Date _____ Age _____ IFMA# _____
 Address _____ City _____ State _____ Zip _____
 Home Phone _____ Rank _____ Belt Color _____ Male/Female _____
 Martial Art School _____ Instructor _____ Phone# _____
 Write In Your Division #'s _____] _____] _____] _____] _____] _____] _____] _____] _____]

Canadian Money At Par For Tournament Must Show Proof Of Citizenship	Pre-Registration Post Marked By April 14th	Registration Post Marked After April 14th	Day Of Event	# Of Div.	Total Amount
Entry Fee-One or Two Divisions	\$45.00	\$50.00	\$55.00		
Additional Divisions – Per Division	\$ 5.00	\$ 8.00	\$10.00		
Spectator Adult	\$ 6.00	\$10.00	\$15.00		
Spectator Children (5-12) (Coaching without a pass will result in a penalty to that player)	\$ 5.00	\$ 7.00	\$10.00		
Coaches Pass (Must be affixed to wrist)	\$ 8.00	\$10.00	\$15.00		
IFMA Member Tournament Discount (\$ -5.00)	\$- 5.00	\$- 5.00	\$- 5.00		
Please Note: When Purchasing A Coaches Pass You Must Also Purchase A Spectators Pass!			Total Amount Due→		

Money Order or Certified Check Payable To: Everage World Championship Karate, 1521 Ridgeway Ave., Rochester, NY 14615

I (Print Name) _____ the undersigned do hereby release International Federation of Martial Arts, Total Sports Experience, Richard Everage, Sr., Upstate Open Karate Championship, Ron Cain, Diane Cain, Zeke Marsh, Leo & Jason Dennis, David Jones, Jerry Smith and any other person associated with this event in any capacity from any liability due to injuries, etc., that may occur as a result of my attendance/participation at this event. Furthermore, I hereby waive any compensation what so ever for the use of pictures, movies, media coverage, etc. utilized by those associated with this event, which may be used for profit making purposes. I clearly understand the fighting aspect of this sport and competition involves body contact. I have read, understand, and agree to abide by the rules associated with this event and assume full responsibility and any associated liability for infringement of such rules. Additionally, I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to compete at this International Federation Martial Arts competition and also understand that a valid certificate should be presented at the tournament.

Competitor's Signature

Parent/Guardian (if under 18 years)

Date